

MŌN Wellbeing

A Journey of Renewal at Sea



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A Wellness Journey at Sea

MŌN Wellbeing brings spa, recovery and fitness together in a continuous journey shaped by the sea. Three complementary spaces connect interior retreat with open-air relaxation, balancing moments of calm, restoration and movement.

VENUSTA — Immersion and Relaxation
The principal spa creates a fluid connection between indoor wellness spaces and the expansive aft deck. Flowing ribbed ceilings, sculptural columns, pools and hydrotherapy areas create an immersive environment shaped by water, light and natural materials. Outside, terraces, loungers and water features extend the experience towards the sea, allowing guests to move naturally from sheltered retreat to fresh air and uninterrupted horizon views.

QUIES — Restoration and Recovery
A quieter, more cocooning retreat, QUIES is dedicated to specialised treatments, recovery and medi-spa experiences. Light travertine, warm timber, bronze detailing and soft textiles create a calm, tactile setting. Layered screening and discreet integrated lighting provide privacy while maintaining a sense of spatial flow.

HERCULIS — Movement and Performance
The sea-facing fitness space combines cardio, strength, functional training and stretching. Cardio equipment faces the glazing and horizon, while strength and conditioning areas sit deeper within the interior. Dark timber, charcoal finishes, bronze accents and integrated lighting bring the refinement of luxury hospitality to an active wellness environment.

Together, these spaces create a connected wellbeing experience, moving between activity and stillness, interior comfort and the open sea.



VENUSTA

Spa | Thermal Suite

VENUSTA culminates in a large multi-level aft wellness deck conceived as an open-air continuation of the spa.

The architecture steps down towards the sea in a sequence of terraces, allowing the experience to move gradually from enclosed treatment and relaxation spaces to increasingly open, informal and immersive areas.

At the upper level, the spa opens onto generous sun terraces with panoramic views, relaxation seating and direct access to the exterior. Below, sculptural canopies and organically formed columns frame more intimate lounging zones and integrated water features. These elements deliberately echo the ribbed, flowing architecture of the interior spa, creating a continuous visual language between inside and outside.

The water itself becomes an architectural device. Pools and hydrotherapy elements are positioned within the terraced deck so that their surfaces visually merge with the ocean beyond, reinforcing the sense that the spa is extending out into the landscape rather than simply overlooking it. Reflections from the water, glazing and integrated lighting animate the architecture throughout the day and into the evening.

As the terraces descend, the experience becomes progressively more connected to the sea. The lowest aft level is conceived as a sea-level wellness terrace, bringing guests physically closer to the water and creating a more immediate relationship with the ocean. Here, informal lounging, quiet contemplation and direct access to marine activities can coexist with the more restorative programme above. The deck is intentionally less formal than the interior spa. It allows wellness to expand beyond treatments into sunlight, fresh air, movement, water and horizon. Guests can move from hydrotherapy to relaxation, from shaded seating to open sun decks, or simply descend towards the water without leaving the wellness environment.

This layered arrangement also creates a strong architectural identity for the aft of MŌN. Rather than ending the vessel with a conventional series of terraces, the stern becomes a wellness landscape in section — cascading, open and increasingly connected to the sea.

"VENUSTA extends beyond the interior into a cascading aft wellness landscape, where pools, terraces, sculptural canopies and sea-level relaxation spaces progressively dissolve the boundary between spa and ocean."

AKK.



MÔN Concept | Spa – Longevity & Restorative Wellness | Thermal Suite Concept

VENUSTA



MÖN Concept | Spa – Longevity & Restorative Wellness | Thermal Suite Concept

VENUSTA



MŌN Concept | Spa – Longevity & Restorative Wellness | Thermal Suite Concept

VENUSTA



QUIES

Spa | Longevity & Restorative Wellness

QUIES is the quieter, more restorative counterpoint to VENUSTA — a cocooned environment dedicated to recovery, treatment and stillness.

Where VENUSTA is open, luminous and connected to water and the aft deck, QUIES becomes more intimate and inward-looking. The atmosphere is deliberately darker, warmer and more enclosed, creating a sense of retreat from the more active public areas of the vessel.

The architecture continues the same flowing ribbed language seen across the wellness spaces, but here it becomes more subdued and enveloping. Sculpted ceilings and softly illuminated columns guide guests through a sequence of treatment and relaxation zones, while layered curtains and screens introduce privacy without creating a sense of enclosure.

The material palette combines light travertine and pale stone with deeper brown timber, bronze detailing and warm neutral textiles, creating a balance between calmness and richness. The contrast between lighter stone surfaces and darker joinery gives QUIES a more grounded, restorative character than VENUSTA while maintaining the same level of refinement.

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Treatment beds are arranged as individual wellness stations, softened by sheer screening and warm integrated lighting. Each space feels private but connected to the wider environment, allowing the architecture to remain fluid rather than compartmentalised.

Built-in shelving, treatment products, towels and discreet joinery are integrated into the architecture so that the operational elements of the medi-spa remain visually controlled. Lighting is low and layered, emphasising texture, warmth and depth rather than brightness.
QUIES is conceived around the idea of recovery rather than activity. Its programme can accommodate advanced treatments, restorative therapies, recovery rituals and medi-spa functions, but the experience remains firmly hospitality-led rather than clinical.

The transition from VENUSTA to QUIES is therefore intentional: from water, openness and horizon into privacy, warmth and restoration.

AKK.



MŌN Concept | Spa – Longevity & Restorative Wellness | Recovery Zone Concept

QUIES



MŌN Concept | Spa – Longevity & Restorative Wellness | Relaxation Zone Concept

QUIES



MŌN Concept | Spa – Longevity & Restorative Wellness | Massage Rooms Concept

QUIES



HERCULIS

Performance Gym

HERCULIS is MŌN's active wellness and performance environment — a high-end fitness space designed around movement, strength, conditioning and recovery, always connected to the sea.

Where VENUSTA is restorative and QUIES is cocooned and therapeutic, HERCULIS is more energetic and performance-led. The atmosphere is darker, sharper and more architectural, with a refined palette of charcoal, blackened timber, deep brown finishes, warm bronze accents and tactile rubberised flooring.

The sculptural column language continues here, but in a more powerful and graphic expression. Dark ribbed columns rise into broad flared forms beneath a linear ceiling, creating a strong sense of rhythm and structure across the gym. Integrated warm lighting softens the darker palette and gives the space a premium hospitality character rather than the feel of a conventional fitness facility.

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The planning balances performance and calm. Dedicated zones for cardio, strength, functional training and stretching are clearly defined without fragmenting the room. Mirrors, joinery and integrated storage are designed as part of the architecture, while equipment is treated as a deliberate component of the interior rather than simply placed within it.
Materially, HERCULIS is more robust than VENUSTA and QUIES, but it remains highly refined. Dark rubber flooring, black metal equipment, textured upholstery and charcoal finishes are balanced with warmer timber and bronze to maintain continuity with the wider MŌN wellness language.

The overall experience is one of controlled energy — sophisticated, purposeful and immersive, with the sea remaining a constant visual reference.

"HERCULIS is MŌN's performance-focused wellness space — a sculptural, sea-facing gym where strength, movement and conditioning are framed by dark tactile materials, warm integrated lighting and uninterrupted horizon views."



MŌN Concept | Spa – Longevity & Restorative Wellness | Performance Gym Concept

HERCULIS